

## Other ways Aviva can support you

Aviva recognises the potential of every person to overcome family violence. We offer a range of services for children, women and men. Central to all of our work is your personal safety and the safety of children.

All of our services are delivered by compassionate, professionally qualified Aviva Family Support Workers who understand family violence and the challenges you may be facing. They can support you and your family/whānau to become safe and begin a life free from violence.

### Services include:

- 24-hour free phone support and information via 0800 AVIVA NOW (0800 28482 669)
- an individual safety assessment and plan to help keep you and your loved ones safe
- ongoing one-on-one support for you and your children
- advice and information on legal, health and financial issues
- access to support from other agencies and services
- temporary accommodation for children and women needing emotional and physical refuge
- support and advice for men overcoming family violence through the ReachOut service
- help applying for a Protection or Parenting Order
- Ministry of Justice approved education programmes (individual or group) designed to rebuild self-esteem, empower you to embrace change and develop healthy relationships
- specialist peer support from women and men who have themselves overcome family violence
- Shine safe@home home security improvements for those at highest risk of repeat family violence

All of our services are free and you don't need to leave your relationship or enter a Safe House to access these services.

To find out more about how Aviva can support you, call 0800 AVIVA NOW (0800 28482 669) or visit [www.avivafamilies.org.nz](http://www.avivafamilies.org.nz)

## Aviva exists because we care

We support individuals and families/whānau to not only become safe, but begin a journey towards a fulfilling, violence-free life.

To do this we offer a range of support options to children, women and men to overcome family violence.

Please visit [www.avivafamilies.org.nz](http://www.avivafamilies.org.nz) to see our full range of services including:

- **Aviva Children and Youth Services**
- **Aviva Women's Services**
- **Aviva Men's Services – ReachOut**
- **Aviva's Shine safe@home Service**

Aviva is an independent Canterbury charity first established in 1973 as Christchurch Women's Refuge.



(formerly Christchurch Women's Refuge)

**Address:** PO Box 32 034, Christchurch 8147

**Phone:** 0800 AVIVA NOW  
(0800 28482 669) or 378 3847

**Email:** [enquiries@avivafamilies.org.nz](mailto:enquiries@avivafamilies.org.nz)

### Rangiora Office

**Post:** PO Box 198, Rangiora 7440

**Fax:** (03) 313 1082

[www.avivafamilies.org.nz](http://www.avivafamilies.org.nz)

**Find us on Facebook:** Aviva Families

**Leaflet Printed:** January 2014



## Investing in Safer Futures



## No Interest Loan Scheme



Everyone deserves a home free from family violence. At Aviva (formerly Christchurch Women's Refuge) we support your journey towards a violence-free future with a No Interest Loans Scheme (NILS), a service that offers you access to financial resources that can improve the quality of your life and the lives of your children. The journey to a violence-free future doesn't need to be travelled alone. Our services support families/whānau every step of the way.



## Financial independence can be part of your future

We know that family violence can often be accompanied by financial hardship. That can make it hard to envisage an alternative future that is free from violence and where you are in control of your own decisions – including financial ones. A life without family violence may once have seemed hard to imagine too, but now you're on your way. Leaving a violent relationship or starting over – together or apart – often comes at a financial cost, but Aviva NILS can help. With Aviva NILS you have access to safe, fair and affordable credit that, in conjunction with other services, can support you to sustain a violence-free lifestyle and gain – or regain – financial control and independence.

### How do I access Aviva NILS?

Aviva NILS is available to you if you are living with family violence and on a low income, or otherwise unable to access the credit that would enable you to purchase important household items or services that would improve your quality of life, or that of your children.

Currently access to Aviva NILS is available to you if you are a Canterbury resident and a client of Aviva, Barnardos, Family Help Trust, He Waka Tapu, Relationships Aotearoa or START. You will need to talk with your primary Family Support Worker or Case Worker about referring you to the Aviva NILS service.

Once you're referred to Aviva, our Aviva NILS Worker will assess your eligibility based on the following criteria:

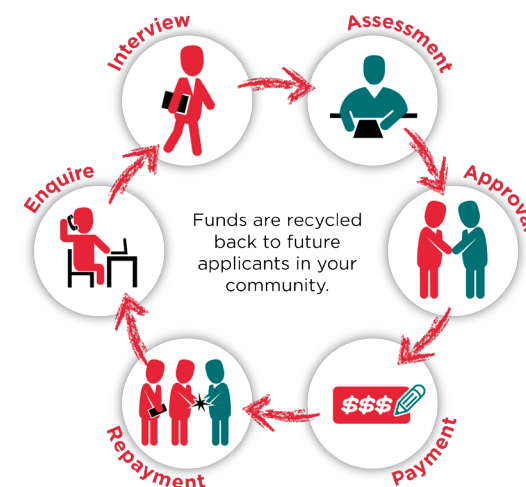
- Your income
- Your ability to access alternative credit
- Your capacity and ability to repay the loan
- The purpose of your loan

### What can I use my loan for?

If you are eligible for a loan, you will need to agree its purpose with our Aviva NILS Worker before it can be approved. Aviva NILS cannot be used for debt repayment, but you can seek a loan to purchase many

goods and services including: household appliances or furniture; health items; computers; payments to secure housing; education; repairs and maintenance for a house or car; and outdoor equipment. Loan amounts vary up to a maximum of \$2000 and repayments can be spread over 24 months. And every time you make a repayment, those funds then become available again as a loan for someone else who is also journeying towards a more fulfilled, independent and safer future.

### Here is how Aviva NILS works



To find out more about how Aviva can support you through our NILS service, call 0800 AVIVA NOW (0800 28482 669) or visit [www.avivafamilies.org.nz](http://www.avivafamilies.org.nz)

NILS is currently maintained and developed by Good Shepherd Microfinance, and Aviva NILS is supported in New Zealand by The Good Shepherd New Zealand Trust and Kiwibank.

