## **PEACE**

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Let ours be a time remembered for the awakening of a new reverence for life, the firm resolve to achieve sustainability, the quickening of the struggle for justice and peace, and the joyful celebration of life".

## Earth Charter, The Hague (29 June 2000).

My greatest concern at this time of my life is about my Home, my universal Home where you and I were sent by our creator GOD as very unique persons in a unique ecological family, to a special parents, at this time of History for a particular purpose.

Destruction everywhere; war everywhere; conflicts between nations; conflicts among brothers and children. Human respect is vanishing although very many people have shown us non-violence, respect, dignity, human rights and human value.

It saddens me to see elders and the young not being in-line with a lifestyle that promotes true growth. The will and reason to live, for the young, in true freedom is scarce, pushing them to suicide. Persons are misused and abused – blacks & whites, professionals and non-professionals, couples and single individuals.

We have to bring this destructive attitude to an end and build more positive and constructive ways of relationships. A time has come for us to wake up, stop being passive and to take a control of our own destiny, one person at a time. The way of peace is kindness, care, compassion, mercy, healing and forgiveness in action towards humanity even towards those who are not humane! As we know throughout history, people have been trying to bring peace. We honor them and salute and their cause with prayer groups, candle vigils, night vigils, *Vipassana* and meditations bring transformation within and around.

I believe the way of peace can be demonstrated through an individual's effort of deeper awareness. Every drop of water makes the ocean. Likewise, the secret strength of peace is within every member of our human family.

Peace within individuals in fact is very powerful, enduring, alert, compassionate &effective. As I am part of the human family, this will bring out great result if we consciously start strengthening within and like ripples spread vibrations that radiate into actions.

Let us start once again, join hands and connect whoever possible in our circle, include everyone, every situation and events.

The first and most important thing is to pray and reflect on the meaning of peace and ways to be involved. Invite God to remove all obstacles in our minds and hearts and allow God's peace to fill them with light, hope and peace.

As the UN has announced 21<sup>st</sup> September as the International Peace Day, let us join hands and bring greater awareness of a positive contribution.

Let us work together towards a world vision where everyone experiences abundance in life, where there is no material or spiritual poverty, where there is deeper awareness of preciousness of life, joy and gratitude, where there's equality and justice and personal and societal freedom.

Where we recognize the person next to us, who also carries parents within, siblings within, experiences of past and present within, pain and sorrow within, loss and gain with desires and frustrations within, there will automatically be a trigger of consciousness to experience the awareness which will ultimately lead to inner peace.

"Saint Therese of Lisieux invites us to practice the little way of love, not to miss out on a kind word, a smile or any small gesture which sows peace and friendship. An integral ecology is also made up of simple daily gestures which break with the logic of violence, exploitation and selfishness."

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