



**COLLEGE OF NURSING, St. MARTHA'S HOSPITAL, BANGALORE**

**EMPOWERING WOMEN THROUGH QUALITY NURSING EDUCATION**

The College of Nursing, St. Martha's Hospital celebrated its 82nd Graduation and Annual day on 4<sup>th</sup> March 2015. It was indeed a solemn occasion to witness 85 young nurses stand to profess in public their zeal to serve the sick. Treading the footsteps of Florence Nightingale, they committed themselves to be beacons of Care, Compassion and Healing to different parts of the world.



Dr. K.S. Ravindranath, Honorable Vice Chancellor of Rajiv Gandhi University of Health sciences, Bangalore, Karnataka was the chief guest of the occasion. He addressed the students and exhorted them to be compassionate to the sick, to light up their lives by alleviating the darkness of pain and suffering.



Mr. Jaikar Jerome (IAS), the Director of St. Martha's Hospital, Sr. Pameela Perumpalli, the Local Leader and President of St. Martha's Hospital Society, Dr. Ravindranath, Medical Superintendent, Sr. Naomi Mascarenhas, Nursing Superintendent graced the occasion along with Sr. Shanty Chacko, the Principal of College of Nursing.

Since the day marked the twin celebration of Graduation and Annual College day the talented, young nursing students showcased their talents in the form of variety of dances, making the evening truly colorful.







### **BHARATA NATYAM- INDIAN CLASSICAL DANCE**

Classical dance is derived from the Sanskrit word Shastriya to denote the Natya Shastra.

The entire dance is traditionally presented in a manner fusing nritya (dance) which uses facial expression and mudras (symbols). Ms. Chippy and group, the classical dancers of St. Martha's College of Nursing at their performance.



### **JAPANESE FAN DANCE**

The Japanese fan originally intended to extend good wishes and cheer, symbolic of friendship and loyalty. Ms. Deepika and group are performing on college day depicting friendship and loyalty.



### TIBETAN LION DANCE

Tibetan art is religious in nature, a form of sacred art. Snow Lion is the emblem of Tibet performed during Cham festival and Losar (Tibetan New Year). Ms. Sherap and group are bringing the Snow Lions alive to the stage expressing their desire to promote a free Tibet.





## **A TRIBUTE TO SOLDIERS...**

**As soldiers, one will always have to cherish and live up to three ideals: faithfulness, duty and sacrifice. Creeds differ, customs differ, languages differ, looks differ, races differ, castes differ. Yes, but they hold the diversity close to their heart.**



**Mother of a soldier with her son's body at the Centre.**

**A soldier's love for the nation can neither die nor can be killed; they are united no matter how diverse they are.**

**A mix of various cultural dances from different states of India, were on stage one after the other as the soldier begins his journey from the south to the north and his love for the nation even to the point of dying for the country. This display was really heart rendering.**

**The graduates and the invitees of the celebration had a pleasant and inspirational evening.**

Submitted by Sr. Gracy Thomas  
South West India Province