Deep Mystery

Be still my soul Be still and listen In the depths of the silence you will hear God's voice In the breadth of the silence you will see God's face In this most sacred silence you will be in the heart of God **** Deep calling to deep Silence washing over me Mystery shrouding deeper mystery Unveiling what my heart so longs to see The face of You O Sacred One Gazing into the depths of me Face to face O Sacred One Your longing and gift to me.



Reflection on my artwork and the new mantras from Monica Brown has led to a depth of meaning. Initially I likened the position of the heart as like that of a mother cradling her baby, making the baby secure with an embrace – "to be in the heart of God." It is an intimate embrace in "sacred silence," something the baby does not take an effort to attain but just receives. The look of the mother in silence communicates love - "The face of You gazing into the depths of me!" In nourishing the child through breastfeeding, the mother gives life to the baby who is an extension of her person but who will still in due time grow and develop to full potential – in her likeness.

My friend's comment that the inner heart looks like a womb made me reflect further and remember my beginnings. The fetus in the womb is totally one with the mother. Jesus said, "I and the Father are one." But because both parties are in the masculine gender, womb does not come into one's imagination.

The womb is a perfect state as it provides for all that the fetus needs. The fetus is a fruit of creativity of the "Creator God" and is made of the same stuff as the mother. Since I come from the womb of God, "Womb of all All Life," I am made of God stuff! God is love, so I too am love by nature!

I remember the story of a small fish asking where the ocean is and being told that it is surrounded by the ocean. God is "All Embracing." The fetus in the womb cannot see the mother but is actually one with the mother. "In this moment of our being we are One."

The heart figure connotes movement, in fact about to take off to fly! Going deeper this time is not going into the deep sea but flying high to the galaxies, the universe which is endless. I imagine this place as a place of "sacred silence," of one that evokes great awe - "mystery shrouding deeper mystery." As the universe continues to expand, it speaks of infinity – life eternal. Although so far larger and beyond me, I can still feel at home here because it is also the place of my beginnings: we are children of the supernova and are made of stardust.

Mystery indeed connotes a depth of meaning, one that we cannot fully grasp. God is Holy Mystery, too great for me to fully know and comprehend. Knowing God and seeing God's face as I experience this "Sacred Presence" and "Gracious Spirit" is thus a journey and my destination at the same time. I can enjoy the journey of seeing a bit of the face of this "Ever Gracing" God along the way as God reveals Godself to me. O how I love this "Most Wondrous God!"

Holy Mystery Sacred Presence All Embracing Creator God Gracious Spirit Womb of All Life Ever Gracing Most Wondrous God In this moment in our being We are ONE!

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