

# Good Shepherd Asia-Pacific Integration Committee Crossing the threshold-----

@ Madonna Heights, Kuala Lumpur (12-16 July 2019)



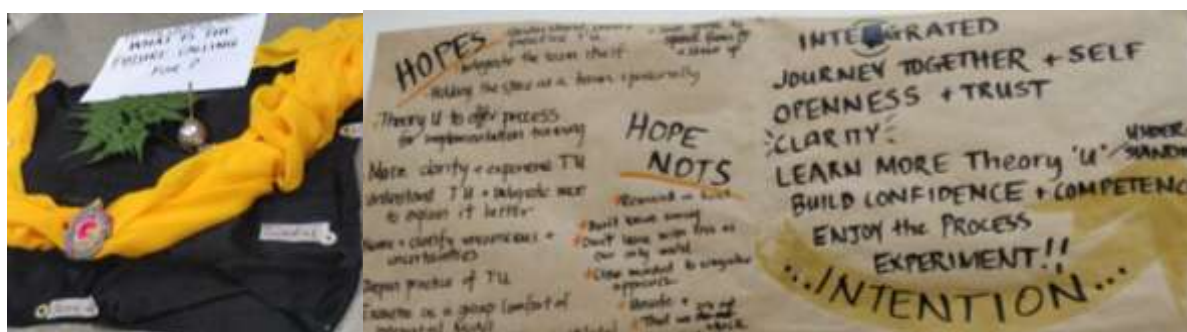
(Standing from left to right: Paula Sgherza, Sashi, Gendrie, Jaime, Sr. Joan and Sr. Chatrina. Sitting from left to right: Theresa, Sr. Niluka and Sr. Melania)

## We dared to lead with uncertainty!

Able facilitated by Paula and Jaime Sgherza, the members of GSAPIC dared to envision the emerging future of the region, using Theory U as the tool for innovation. As the *Bodhi Tree* is to Enlightenment for Buddha, so is the *Pine Tree* at Madonna Heights, sharing its space with so many other species and cradling a loving bird and her babies, to this group of seekers.

We began our U journey drawing inspiration from nature and the lessons she had to share with us. We honed our common vision of learning and practicing Theory U to effectuate system level changes for Mission Effectiveness in GSAP.

Paula encouraged us to graduate from 'yellow to black belt' observers and listeners as we emerged with our intention statement. Little did we realise the power of intention which when rightly channelled through the five movements of the Theory U, coupled with the seven leadership capacities and three guiding principles can create new beginnings!



*Do you know to listen to your body, apart from 4 levels of listening?*

We learned to listen to our body through various tools of Social Presencing Theatre including the '20 minute dance' and 'stuck exercise' apart from practicing 4 levels of listening.

*Dialogue with self, others and the universe* helped us to sharpen our intentions for Integration and envision our future reality. Through the process of 3D sculpting, the dream of Integration developed better form.



Through dialogue walks and interviews, journaling, generative scribing and brainstorming, we were challenged to innovate that microcosm which would effectuate the *change*.

Did St. John Eudes and St. Mary Euphrasia learn any theory to become radical leaders of their time? We are indeed blessed to belong to a lineage of visionaries who responded proactively and allowed the fire in them to become a movement!

***“Though old stars may burn out and die, look to new horizons and even beyond”***

- St. Mary Euphrasia



### **Letting Go and Letting Come**

The movement of the Spirit in the deep abyss of discovering the *blind spot*, was the turning point. We were able to open the *crack*, and then there was no looking back.

### **Prototype..... Co-create version 0.8 to version 1.0 to version 2.0**

At this stage, Paula reminded us to uphold each other's vulnerability with courage, reserving the three enemies with extreme caution: Voice of Judgment, Voice of Cynicism and Voice of Fear. The outcome of the generative conversations led to concrete steps for the future.

### **Co-evolving the Integration Framework**

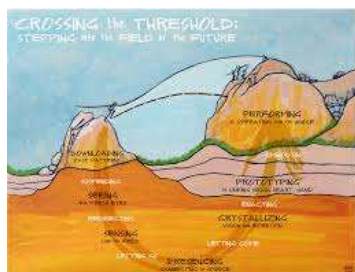
By the end of five days, we had gently navigated to co-evolve a Framework to integrate Spirituality, Formation, Justice and Peace, Partnership/Co-responsibility and Good Ministry Practices for Good Shepherd Mission Effectiveness.

## Significance of the Image:

The gentle blend of 5 U's signifies the integration of the five elements namely Spirituality, Formation, Justice and Peace, Partnership/ Co-responsibility and Good Ministry Practices. The two figures represent the readiness for transformation through curiosity, compassion and courage. The enveloping U and the gentle flow of the florets, represent the willingness to let go of old mindsets and allow the spirit to awaken us to the evolving future. The emerging stars is the vision of Good Shepherd Mission Effectiveness.



## What and How?



We resonated the need to equip the leaders of APC, the PLT of the Units and other people who would potentially design processes of Integration using Theory U. The context, content and an introductory module will be ready to be launched at every opportune occasion in the Units. The content and modules will continue to be updated.

## Carpe Diem – Seize the moment:

The time is now and here is an opportunity for each one of you to be part of the Community of Practice: Theory U online course. It's really simple:

- ✓ The on-line course begins on 12 Sept 2019.
- ✓ It's a 90 min commitment per week for 3 months.
- ✓ The course is *free* if you do it by 'audit' or you can pay to get a certificate (only if you wish).
- ✓ To register and enroll go on-line: <https://www.edx.org/course/ulab-leading-change-in-times-of-disruption>
- ✓ So we can support and encourage each other through the learning we have set up a Community of Practice group on Whatsapp: GS Theory U.
- ✓ Please register to become a COP member with [chatarina.supatmiyati@gssweb.org](mailto:chatarina.supatmiyati@gssweb.org)



We are happy to share that many enthusiastic learners in GSAP and across the Congregation have signed up for the e-learning program.

***The microcosm is on its journey*** towards building the Good Shepherd eco-system of inspired change-makers!